

# IPSOS B&A CONSUMER CONFIDENCE

Year's End 2025

Prepared by:  
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# INTRODUCTION



# Introduction

1

This report presents the findings of Ipsos B&A's latest Consumer Confidence Barometer, covering the end of year 2025.



3

All interviewing was conducted via Ipsos B&A's Acumen Online Barometer.



2

Survey results are based on a sample of 1,022 adults aged 16+, quota controlled in terms of age, gender, socio-economic class, and region to reflect the profile of the adult population of the Republic of Ireland.



4

Fieldwork on the latest wave was conducted from the 13<sup>th</sup> – 25<sup>th</sup> November 2025.





**Most awarded Irish research agency with 41 Marketing Society Research Excellence Awards, including 8 Grand Prix (latest one in 2023), in 16 years.**

## About Ipsos B&A

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# KEY HIGHLIGHTS





# Saying goodbye to 2025 and looking towards 2026 with trepidation

This wave of the Ipsos B&A Consumer Confidence Barometer was conducted from 13<sup>th</sup> – 25<sup>th</sup> November 2025.

Consumer confidence has **remained relatively stable**, with a net rating of -48 (those feeling downbeat versus those feeling more upbeat). This compares with -47 in the previous wave of research.

61% believe that the country will be **worse off** in the year ahead (no change) with just 13% expecting the country's economy to improve.

Relatively speaking, **Dubliners** continue to be most upbeat. As seen previously, confidence is lowest among females and C2DEs.

Those households who claim to be "**coping**" with the cost-of-living now stands at 59%. This is the lowest that we have seen this year – in addition, over one in five (22%) say that they are struggling to some extent.

**Inflation has subsided slightly** to +2.8% as we came towards the end of the year, driven by the essentials. Education costs (+8.9%), clothing and footwear (+5.7%)

and food and non-alcoholic drink purchases (4.1%) are outpacing the overall rate of inflation.

Over two in five (42%) expect their net income to **decline** in the next 12 months, with just over one in five (22%) being positive about the year ahead.

In total, half think they will **spend less** over the year ahead, with just one in eight (12%) planning to spend more.

This mirrors saving intentions – 48% plan **to save less**, compared to just 22% planning to boost their savings over the next 12 months.

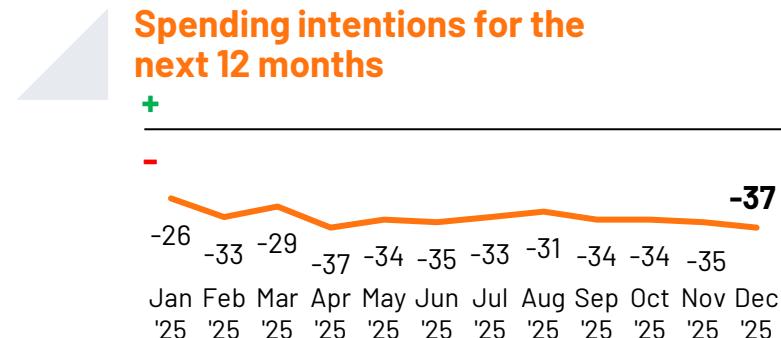
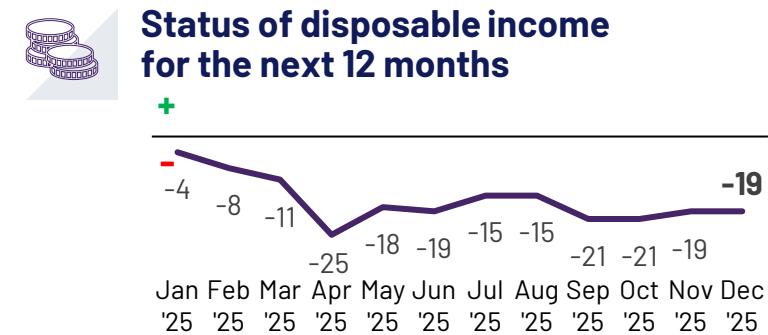
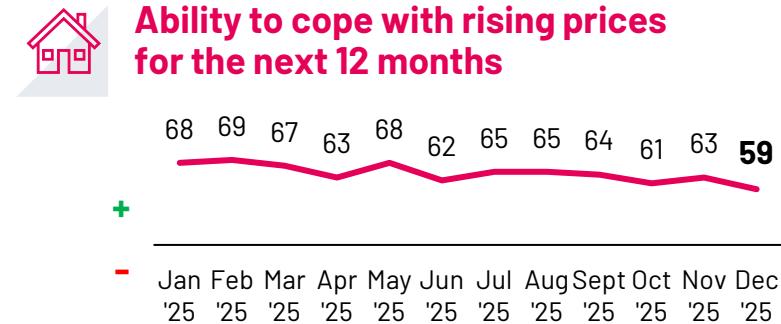
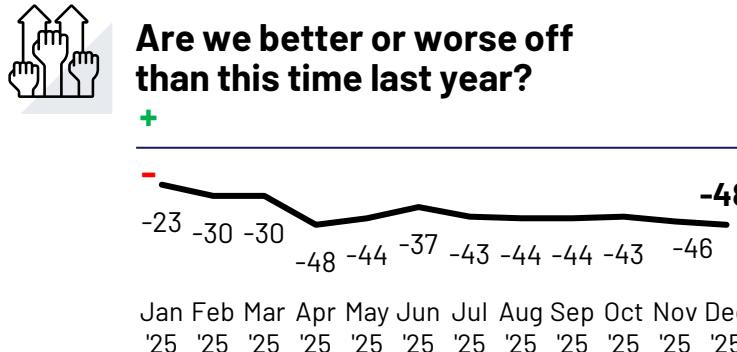
While householders still feel that their **net asset wealth will increase over the next year**, their sentiment toward asset growth over the next 12 months has softened as we reached the end of the year – one in three (33%) believing that the value of their personal assets will grow.

The gap (those who think their **asset value will increase minus those anticipating a decrease**) stands at +13% versus a 2025 average of +15%.

# Ipsos B&A Consumer Confidence | A snapshot of the nation – 2025

December 2025

Confidence is calculated based on the NET Difference of positive and negative sentiment.



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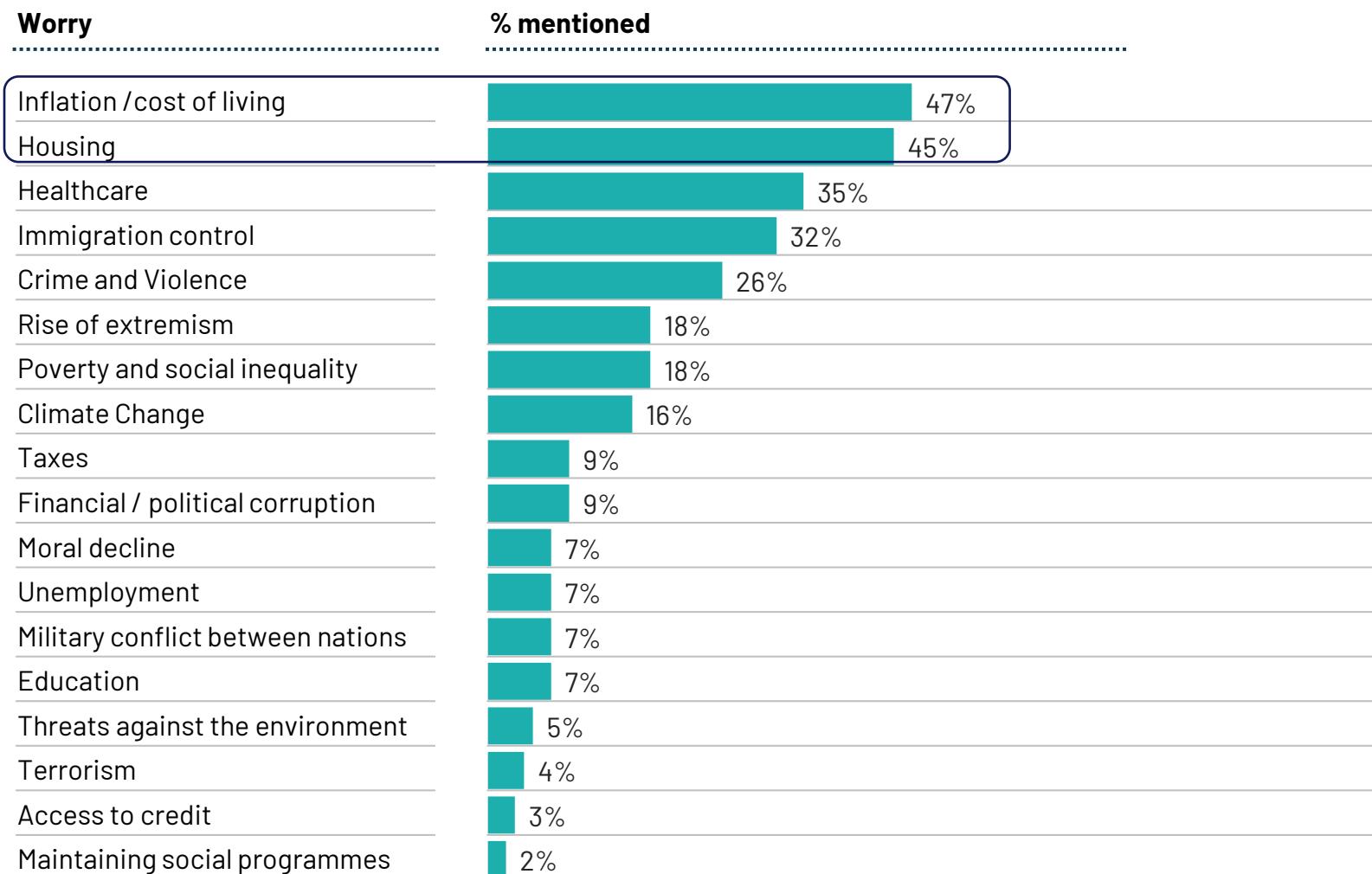
# What worries Ireland?

The cost of living and housing are by far the most pertinent issues in Ireland. Both are relatively universal across demographics, although the cost of living is more of an issue among rural dwellers (65%).

**Base:** All adults N = 1005

**Source:** Ipsos B&A Consumer Confidence November 2025

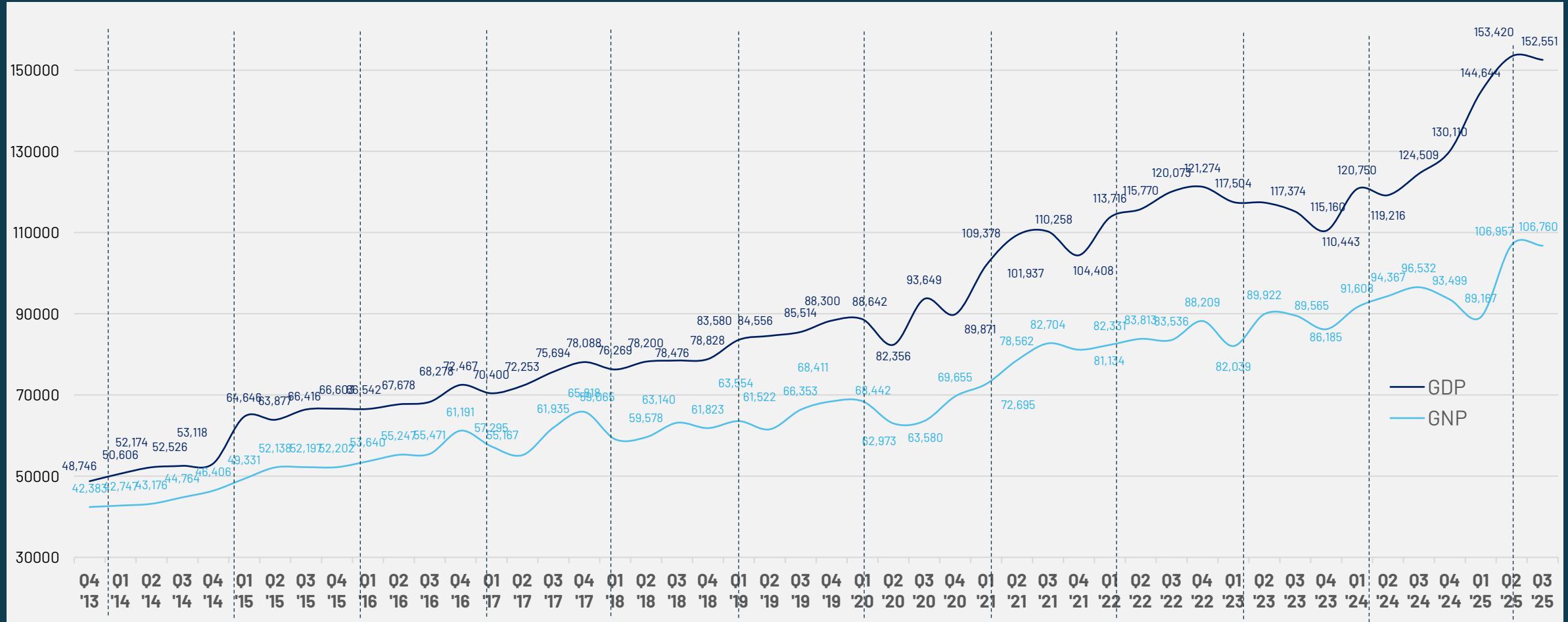
## Q: Which three of the following topics do you find the most worrying in your country?



# MACRO CONTEXT



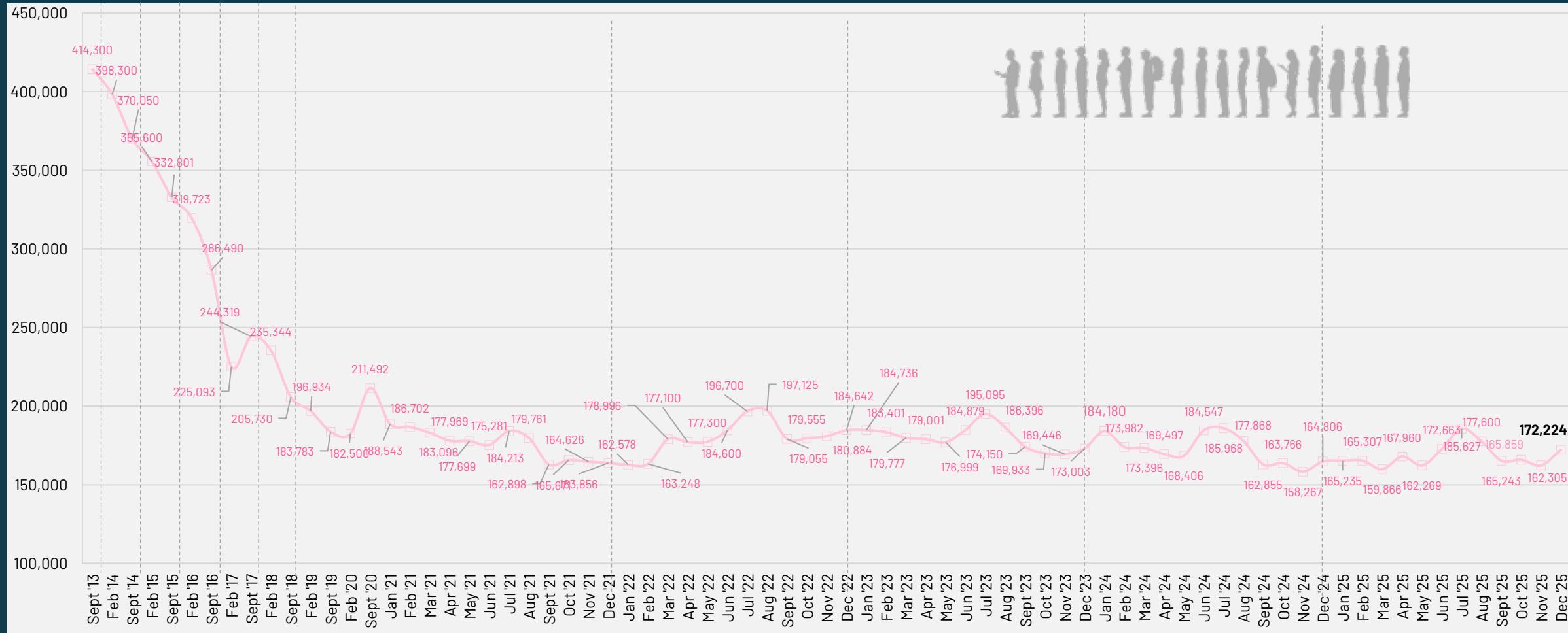
# The most recent CSO data indicates a slight dip in GDP in Q3 2025 after a turbo-charged acceleration to outpace tariffs in early 2025



Note: Qtr 2 data still to be finalised

Source: [www.CSO.ie](http://www.CSO.ie) Quarterly National Accounts

# The unadjusted Live Register figures increased month on month, from 165.9k to 172.2k. Year on year, the increase is over 7,000.

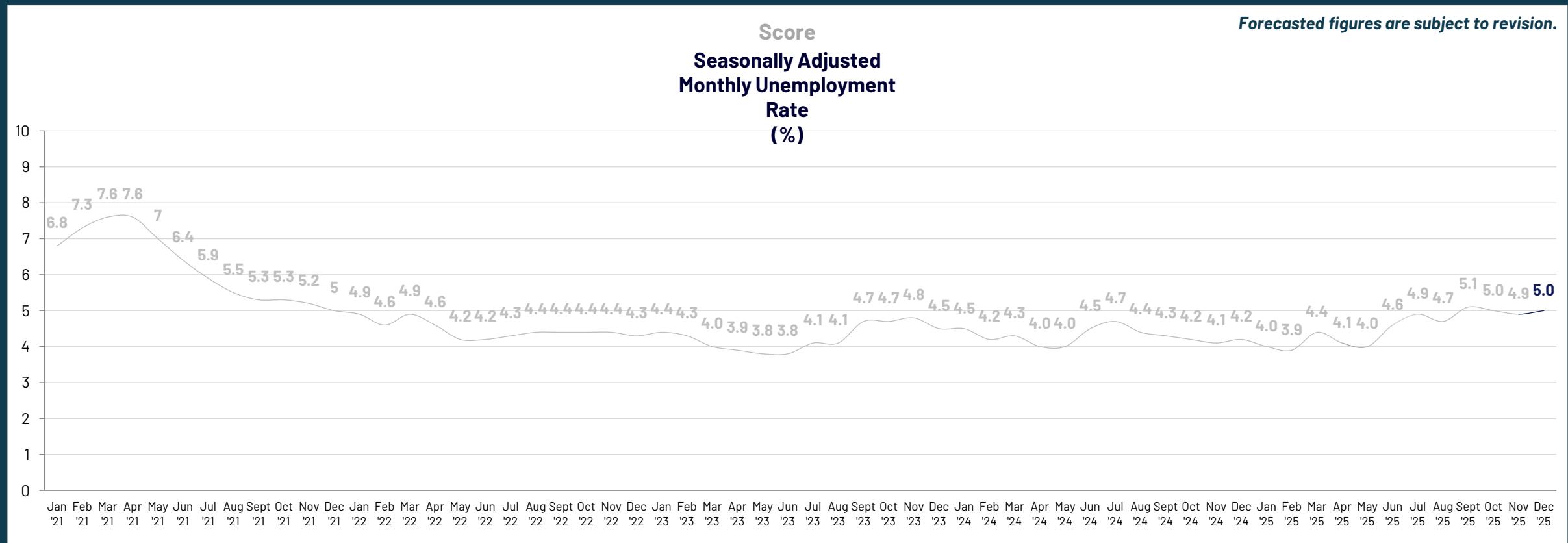


\*The Live Register is not designed to measure unemployment. It includes part-time work e.g. seasonal & casual workers who work up to 3 days per week.  
Note: Based on unadjusted data.

Source: [www.CSO.ie](http://www.CSO.ie) Quarterly National Accounts

# Unemployment has held relatively stable in December.

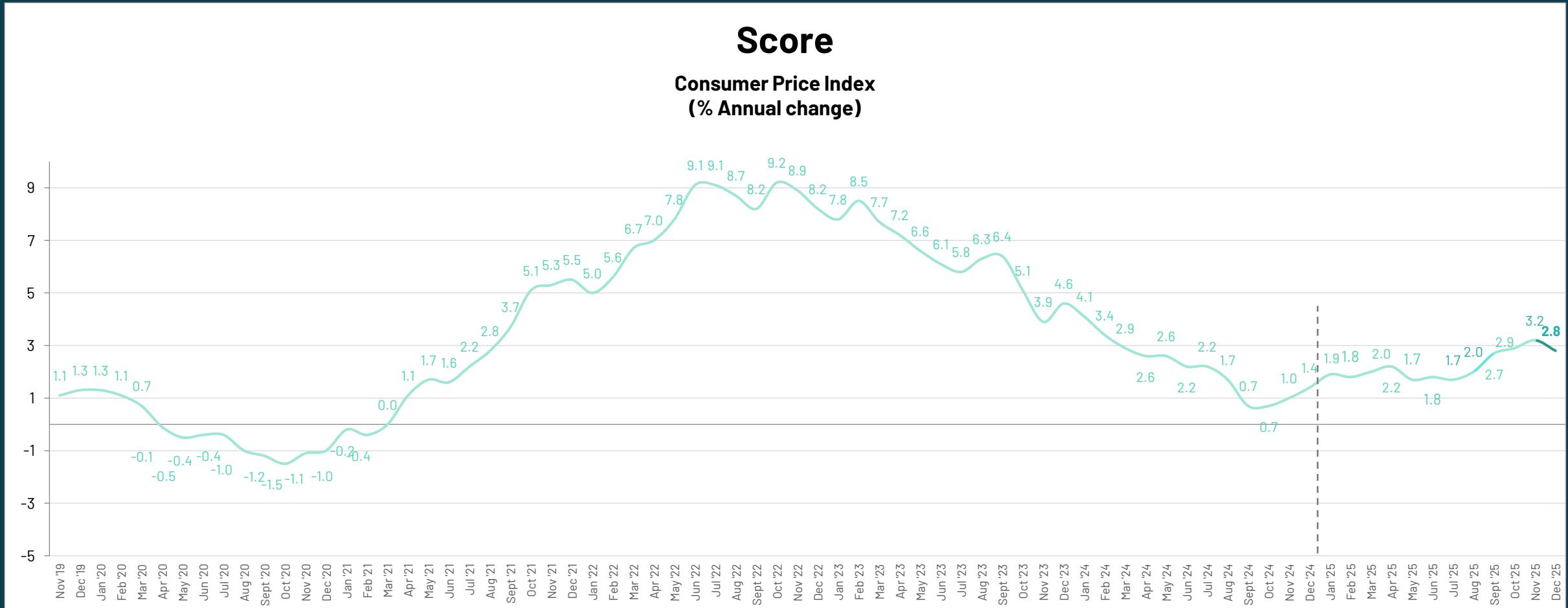
Seasonally Adjusted Monthly Unemployment Rate



Source: [www.CSO.ie](http://www.CSO.ie) Seasonally Adjusted Monthly Unemployment Rate

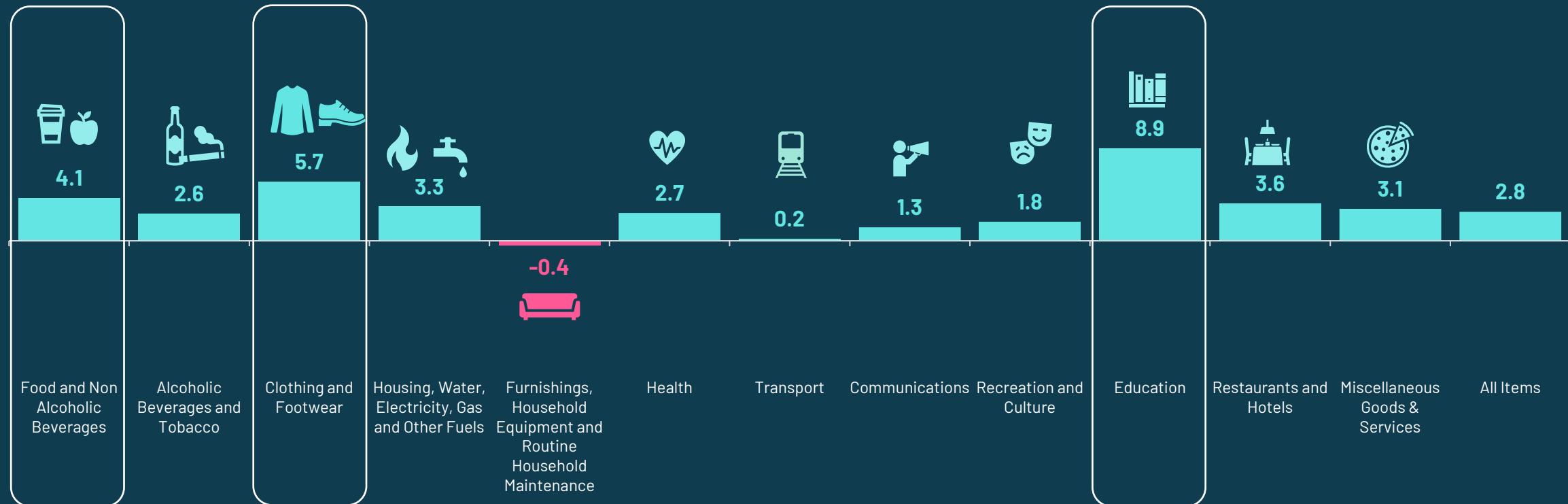
# In addition, inflation has slipped back and now stands at 2.8%.

Consumer Price Index(% Annual change)



**Inflation is highest within the *Education* (+8.9%) sector, followed by *Clothing and Footwear* (5.7%) and *Food & Non-Alcoholic Beverages* (+4.1%). *Furnishings, Household Equipment & Routine Household Maintenance* (-0.4%) is the only division in negative territory.**

Consumer Price Index by Sector (% Annual change)



# As we head into 2026, there are mixed messages for us to digest

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## Economy gets fatter from making the world slimmer

Updated / Monday, 8 Dec 2025 08:51

[f](#) [X](#) [in](#) [e](#) [t](#)



Almost all of the €40bn surge in pharmaceutical exports from Ireland to the US in the first five months of this year was due to the active ingredient for Eli Lilly's weight-loss drug

**BUSINESSPLUS** SME BUSINESS PLUS TALKS APPOINTED MEDIA

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## Moderate growth expected for Irish economy in 2026 following exports boom



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### Irish Inflation Dips To 2.8% In December – CSO

January 15, 2026 4:00 PM  
By Sarah O'Sullivan



1 A-Brand Mars New For U

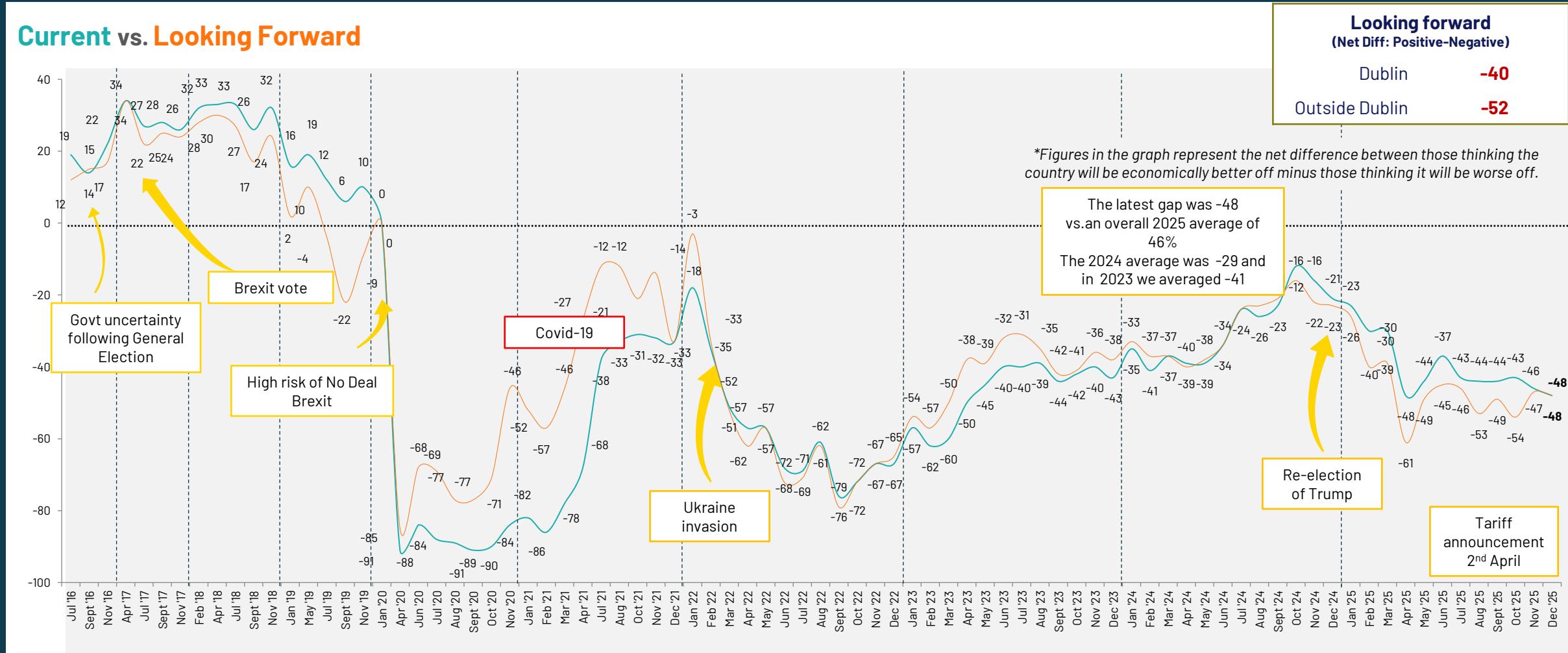
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# CONSUMER CONFIDENCE FINDINGS



# We have stabilised in term of our outlook over the next 12 months, albeit still very much in negative territory.



Q1 Thinking about the economy as a whole, do you think that the country is better off, worse off, or about the same as last year?  
Q2 And what about the coming year, do you think that the country will be better off, worse off or about the same as this year?

Source: Ipsos B&A Consumer Confidence Report

# Females, C2DEs and residents living outside the capital are the most pessimistic in their outlook. Those aged 35+ were also more downbeat.

NET DIFF	-48	-36	-60	-29	-56	-57	-41	-56	-40	-52	-47	-51
	Total	Male	Female	16-34	35-54	55+	ABC1F	C2DE	Dublin	Outside Dublin	Irish	Non-Irish
Nov '25	-47%	-35%	-60%	-32%	-54%	-53%	-43%	-52%	-31%	-54%	-51%	-33%
Oct '25	-54%	-42%	-65%	-46%	-55%	-60%	-52%	-56%	-46%	-57%	-55%	-50%
Sep '25	-49%	-39%	-58%	-33%	-58%	-52%	-45%	-52%	-37%	-54%	-48%	-49%
Aug '25	-53%	-44%	-62%	-42%	-53%	-62%	-50%	-56%	-50%	-54%	-54%	-50%
Jul '25	-46%	-34%	-58%	-38%	-51%	-47%	-48%	-44%	-35%	-50%	-47%	-42%
Jun '25	-45%	-38%	-52%	-30%	-54%	-49%	-41%	-50%	-33%	-50%	-46%	-42%
May '25	-49%	-42%	-56%	-24%	-56%	-64%	-45%	-54%	-35%	-55%	-51%	-43%
Apr '25	-61%	-55%	-67%	-61%	-66%	-42%	-64%	-75%	-57%	-65%	-54%	-64%
Mar '25	-39%	-30%	-48%	-24%	-41%	-50%	-36%	-43%	-27%	-44%	-42%	-29%
Feb '25	-40%	-33%	-47%	-35%	-45%	-39%	-35%	-46%	-31%	-44%	-43%	-32%
Jan '25	-26%	-7%	-38%	-21%	-34%	-21%	-23%	-30%	-15%	-31%	-29%	-16%
Dec '24	-23%	-15%	-31%	-26%	-22%	-22%	-18%	-29%	-11%	-28%	-23%	-23%
Nov '24	-22%	-11%	-33%	-23%	-24%	-19%	-18%	-27%	-9%	-28%	-25%	-14%
Oct '24	-16%	-7%	-24%	-4%	-24%	-17%	-8%	-24%	0	-22%	-14%	-23%
Sep '24	-21%	-9%	-33%	-19%	-30%	-14%	-15%	-28%	-15%	-24%	-21%	-22%
Aug '24	-23%	-10%	-35%	-15%	-32%	-21%	-17%	-30%	-11%	-28%	-24%	-21%
Jul '24	-24%	-8%	-39%	-24%	-30%	-17%	-16%	-33%	-12%	-29%	-24%	-24%
Jun '24	-34%	-23%	-46%	-39%	-38%	-26%	-30%	-39%	-26%	-38%	-34%	-35%
May '24	-38%	-30%	-46%	-31%	-50%	-32%	-35%	-41%	-27%	-42%	-37%	-42%
Apr '24	-40%	-24%	-55%	-35%	-50%	-33%	-34%	-46%	-30%	-44%	-39%	-41%
Mar '24	-37%	-28%	-45%	-37%	-41%	-32%	-29%	-45%	-25%	-42%	-37%	-36%
Feb '24	-37%	-29%	-46%	-33%	-46%	-33%	-31%	-44%	-28%	-41%	-37%	-42%
Jan '24	-33%	-21%	-44%	-17%	-40%	-38%	-22%	-44%	-23%	-37%	-33%	-30%
Dec '23	-38%	-28%	-48%	-27%	-46%	-40%	-33%	-44%	-26%	-43%	-39%	-37%
Nov '23	-36%	-26%	-46%	-27%	-46%	-34%	-28%	-45%	-23%	-42%	-37%	-33%
Oct '23	-41%	-33%	-50%	-42%	-46%	-36%	-39%	-44%	-29%	-46%	-43%	-33%
Sep '23	-42%	-28%	-55%	-40%	-50%	-34%	-38%	-45%	-32%	-46%	-41%	-45%
Aug '23	-35%	-23%	-46%	-20%	-46%	-35%	-24%	-47%	-25%	-39%	-35%	-32%
Jul '23	-32%	-15%	-48%	-33%	-38%	-24%	-30%	-34%	-23%	-35%	-31%	-35%
Jun '23	-32%	-15%	-48%	-33%	-38%	-24%	-30%	-34%	-23%	-35%	-31%	-35%
May '23	-39%	-22%	-54%	-38%	-52%	-25%	-33%	-45%	-34%	-41%	-38%	-41%
Apr '23	-38%	-23%	-52%	-30%	-43%	-39%	-34%	-42%	-26%	-43%	-38%	-36%
Mar '23	-50%	-38%	-62%	-44%	-58%	-47%	-47%	-54%	-43%	-53%	-51%	-41%

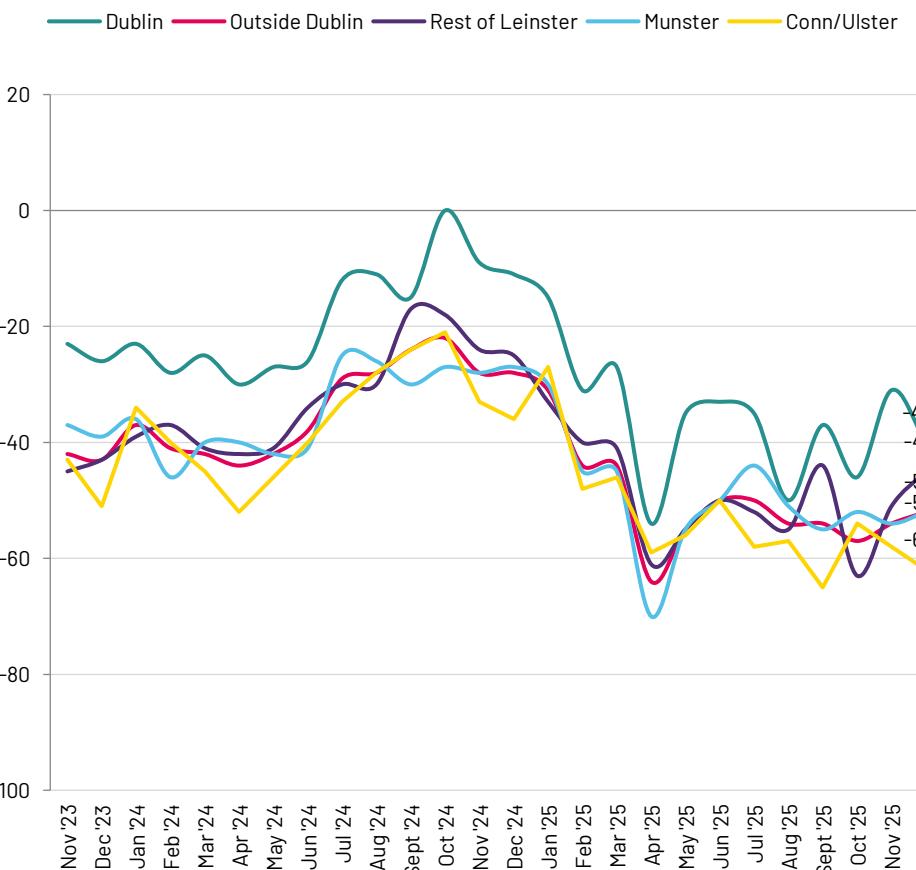
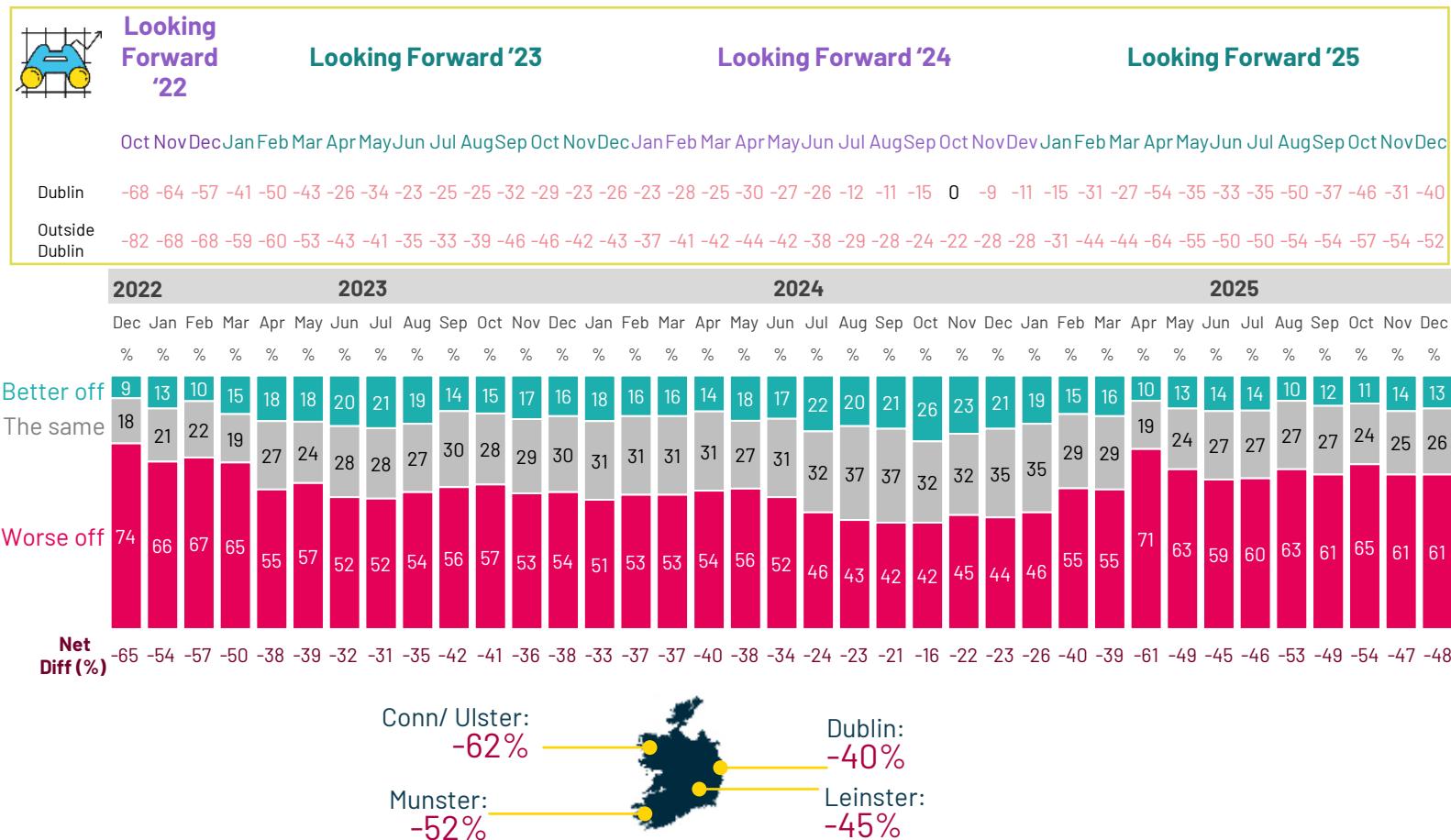
Base: All Adults 16+

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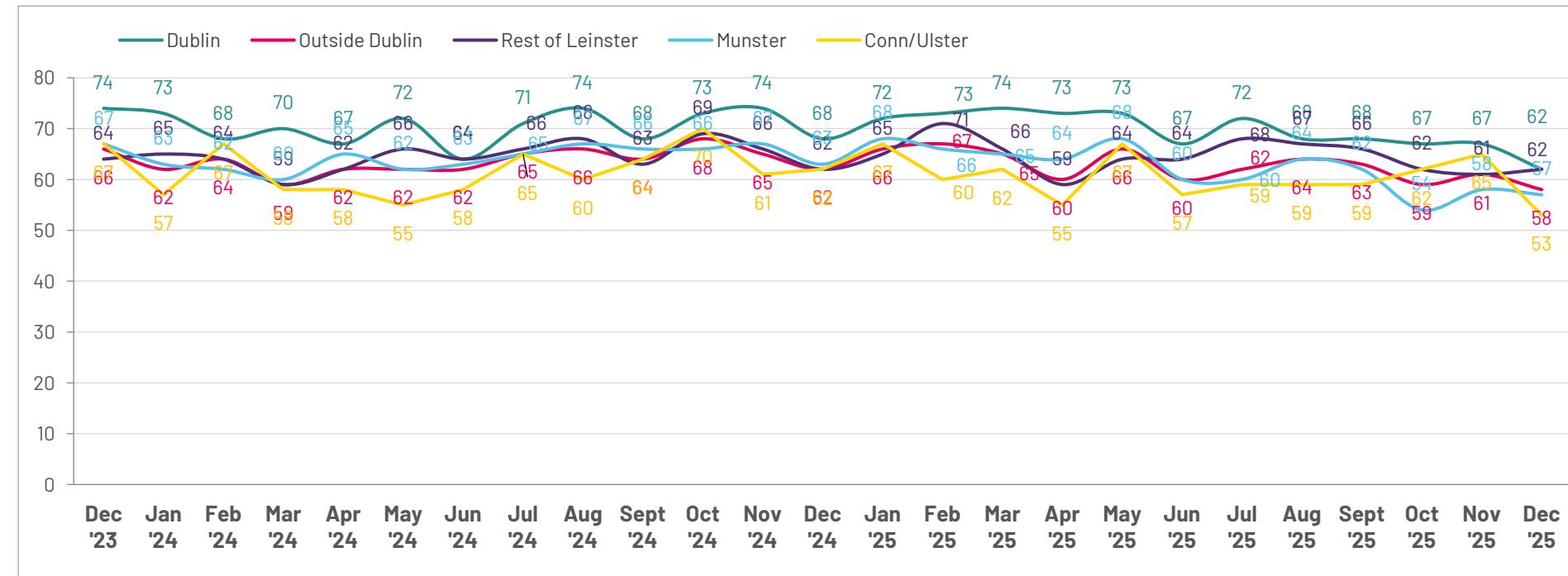
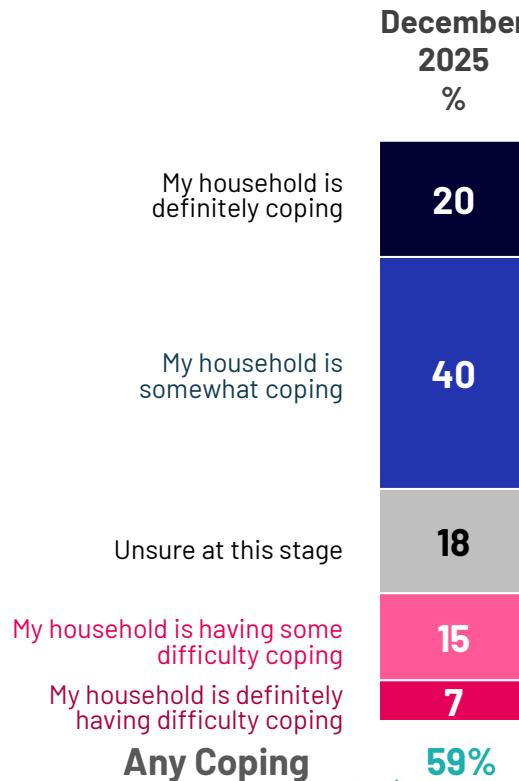
0.2 And what about the coming year, do you think that the country will be better off, worse off or about the same as this year?

# Similar to November, three in five (61%) feel more upbeat about prospects in 2026. Just one in eight feel positive.



2022												2023												2024												2025											
May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec				
-57	-72	-71	-62	-79	-72	-67	-65	-54	-57	-50	-38	-32	-31	-35	-42	-41	-36	-38	-33	-37	-37	-40	-38	-34	-24	-23	-21	-16	-22	-23	-26	-40	-39	-61	-49	-45	-46	-53	-49	-54	-47	-48					

# The proportion of those feeling they are coping with rising prices has slipped back, and for the first time we are below 60%. Over one in five are struggling.



Dublin:  
62%

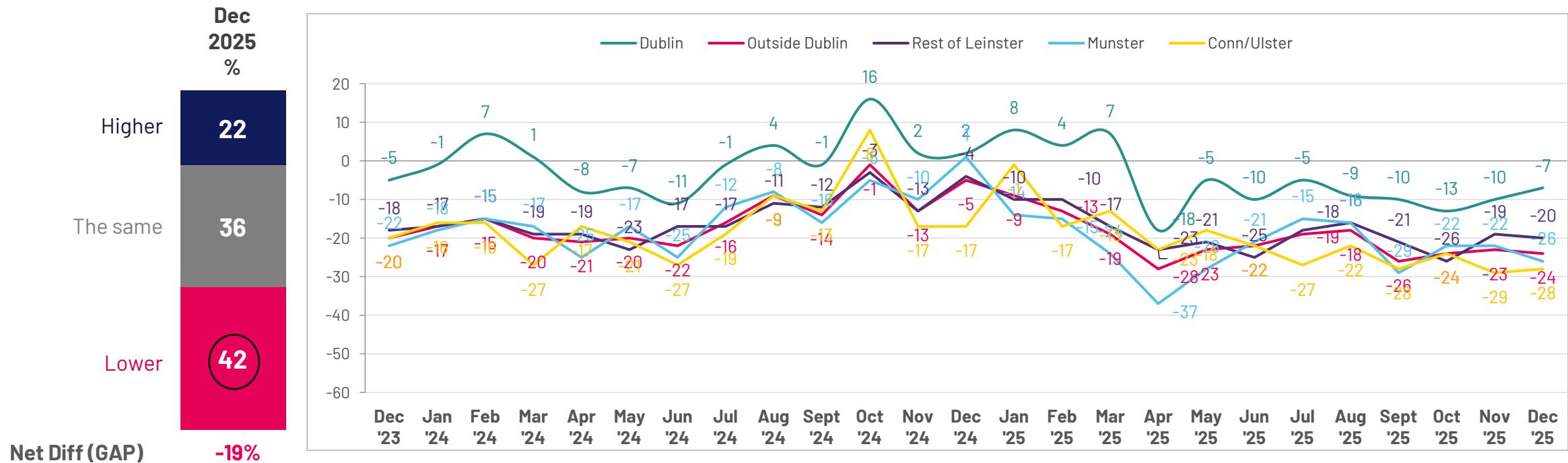
Outside Dublin:  
58%



The proportion of Dubliners who are "coping" with the cost-of-living remains higher than the rest of the country, but even within the capital there has been a decrease in December (down five points to 62%). ABC1s are also more confident (65%).

	Apr 23	May 23	Jun 23	Jul 23	Aug 23	Sep 23	Oct 23	Nov 23	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24	May 24	Jun 24	Jul 24	Aug 24	Sep 24	Oct 24	Nov 24	Dec 24	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
ANY Coping (%)	63	63	65	64	64	62	62	66	68	65	65	62	64	65	63	67	68	65	69	67	64	68	69	67	63	68	62	65	65	64	61	63	59

# Over one in five feel their disposable income will improve in the coming year, although nearly twice that amount are less confident.



Dublin:  
-7%  
Outside Dublin:  
-24%



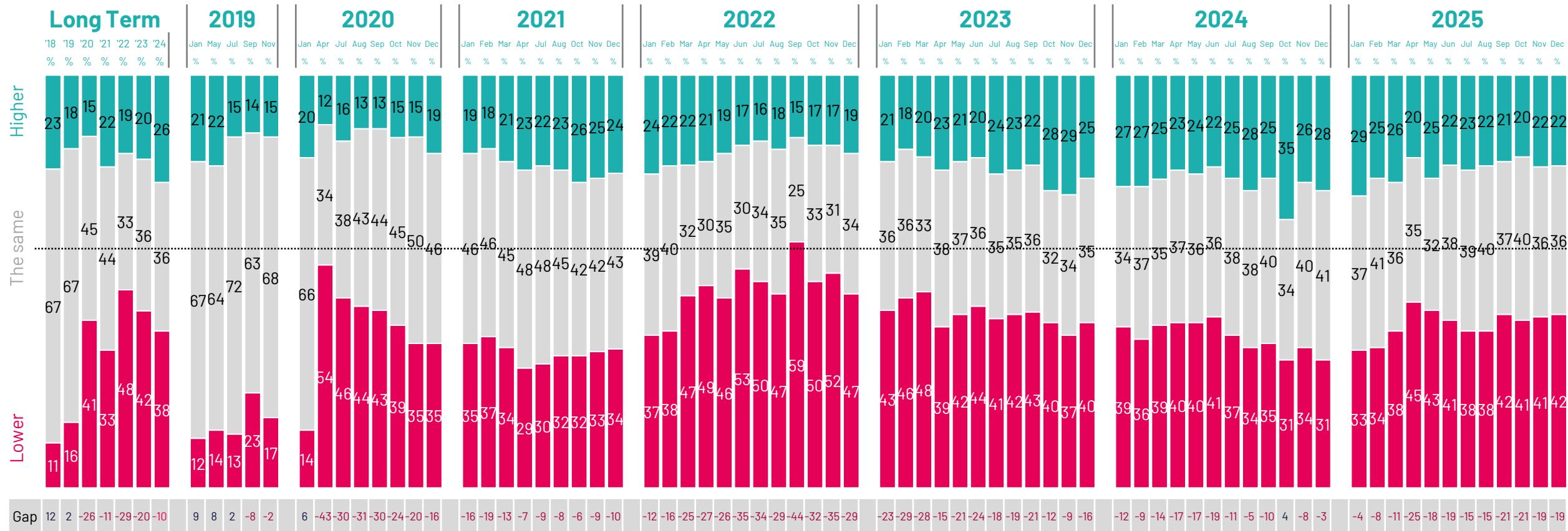
Those living outside of Dublin remain significantly more pessimistic. However, 40% of younger respondents (16-34-year-olds) are more optimistic towards their personal income situation over the coming 12 months. Half of those aged 65+ feel their income will fall in 2026.

2021												2022												2023												2024												2025											
Jul	Aug	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec																			
Gap (%)																									Gap (%)																																		
-9	-8	-6	-9	-10	-12	-16	-25	-27	-26	-35	-34	-29	-44	-32	-35	-29	-23	-29	-28	-15	-21	-24	-18	-19	-21	-12	-9	-16	-12	-9	-14	-17	-19	-11	-5	-10	+4	-8	-3	-4	-8	-11	-25	-18	-19	-15	-21	-19	-19	-19									



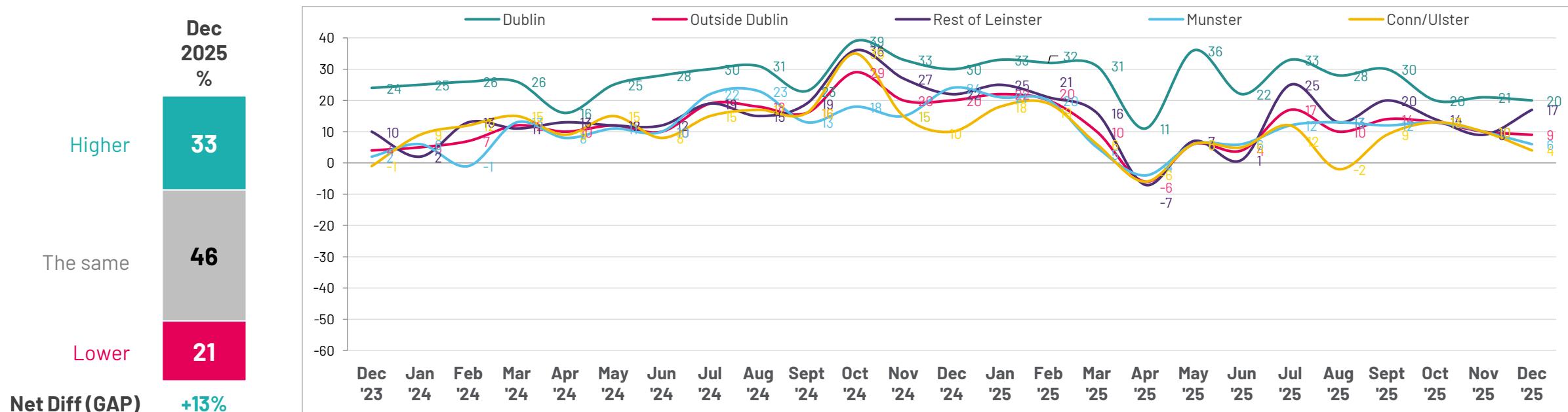
# Income Projections – Looking Forward YOY

Expect it to be...



# Sentiment toward asset growth over the next 12 months is steady. Although we are in positive territory, 2025 was not as buoyant as 2024.

Base: All Adults 16+



Dublin:  
+20%  
Outside Dublin:  
+9%

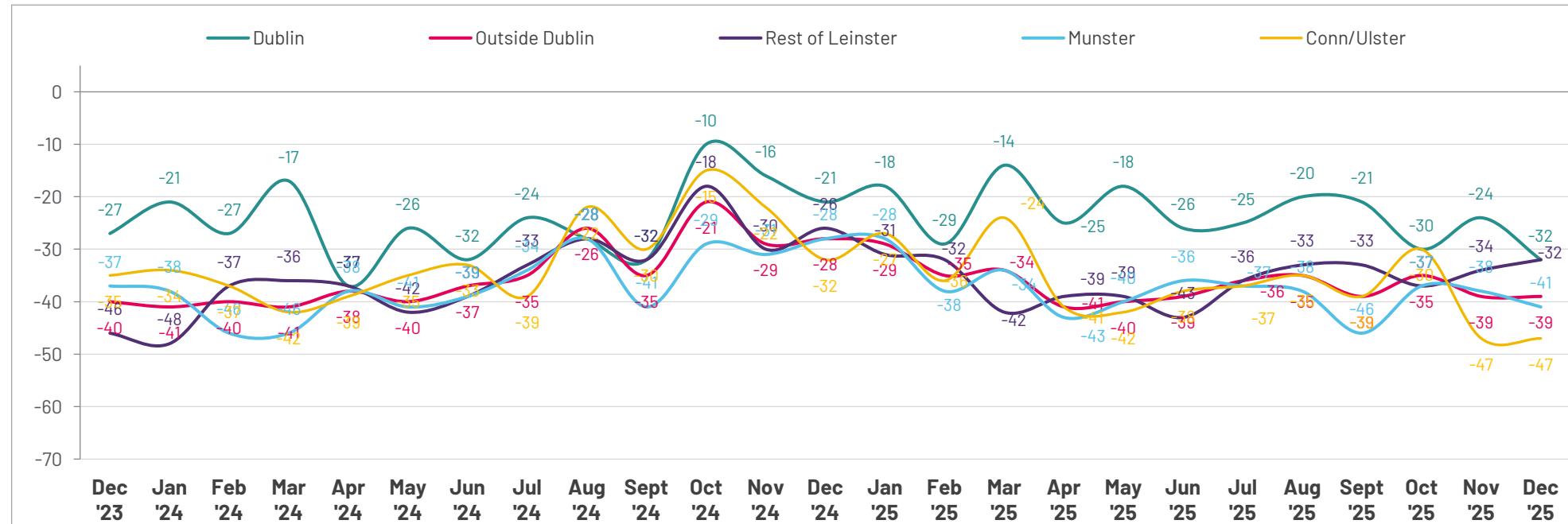
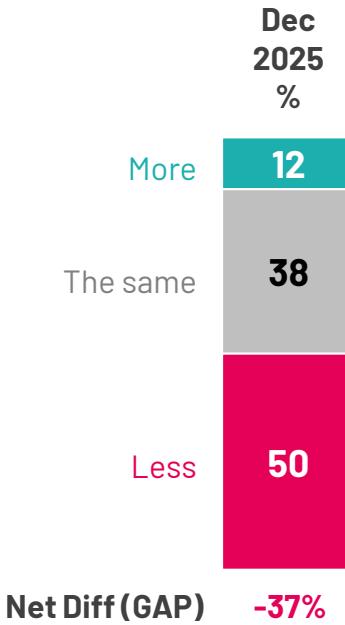


Dubliners continue to hold the strongest net positive outlook for the perceived future value of their personal assets. All regions remain in positive territory.

2021												2022												2023												2024												2025											
Apr	Jul	Aug	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec																		
Gap (%)	+11	+20	+22	+21	+19	+16	+18	+13	-2	+2	+4	+4	-14	-5	+3	-21	-11	-14	-7	-6	-4	-6	+4	+8	+8	+6	+9	+13	+10	+11	+13	+16	+12	+16	+22	+22	+24	+24	+25	+24	+16	-1	+15	+9	+21	+15	+19	+15	+13	+13									
Gap (%)	+11	+20	+22	+21	+19	+16	+18	+13	-2	+2	+4	+4	-14	-5	+3	-21	-11	-14	-7	-6	-4	-6	+4	+8	+8	+6	+9	+13	+10	+11	+13	+16	+12	+16	+22	+22	+24	+24	+25	+24	+16	-1	+15	+9	+21	+15	+19	+15	+13	+13									



# Spending intentions remains relatively stable. However, half expect to spend less in the coming year.



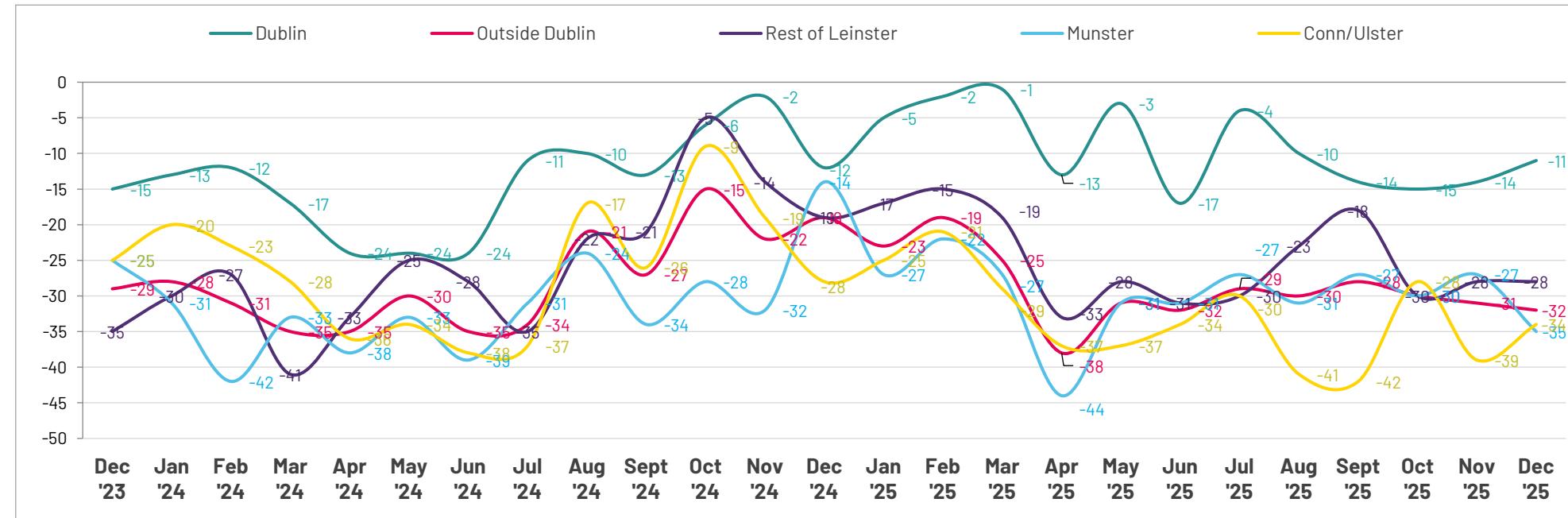
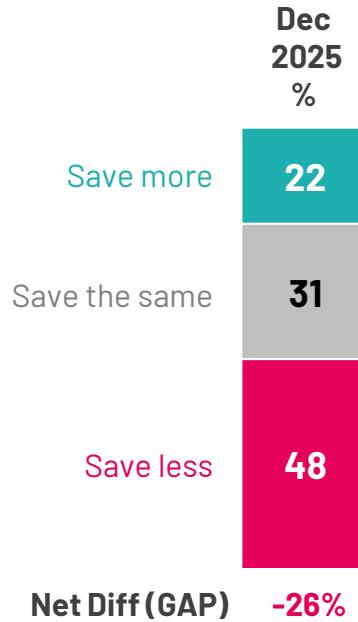
Dublin:  
-32%  
Outside Dublin:  
-39%



Spending intentions are lower among those living outside of Dublin.  
41% of 16-34-year-olds intend to spend more.

	2021				2022				2023				2024				2025																																			
	Apr	Jul	Aug	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec																						
Gap (%)	-2	-11	-13	-14	-14	-21	-19	-25	-35	-45	-37	-51	-48	-42	-61	-53	-55	-47	-46	-46	-50	-38	-38	-41	-36	-36	-42	-36	-31	-36	-35	-37	-34	-38	-36	-32	-27	-34	-18	-25	-26	-26	-33	-29	-37	-34	-35	-31	-34	-34	-35	-37

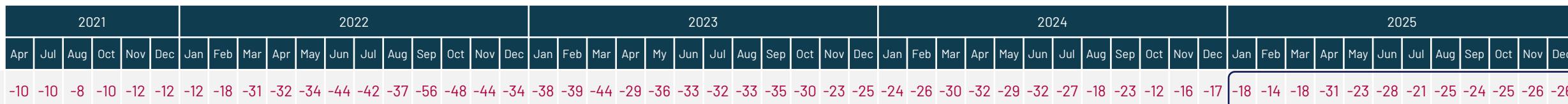
# Nearly half (48%) say they will save less, with just over one in five (22%) planning to boost their savings.



Dublin:  
-11%  
Outside Dublin:  
-32%



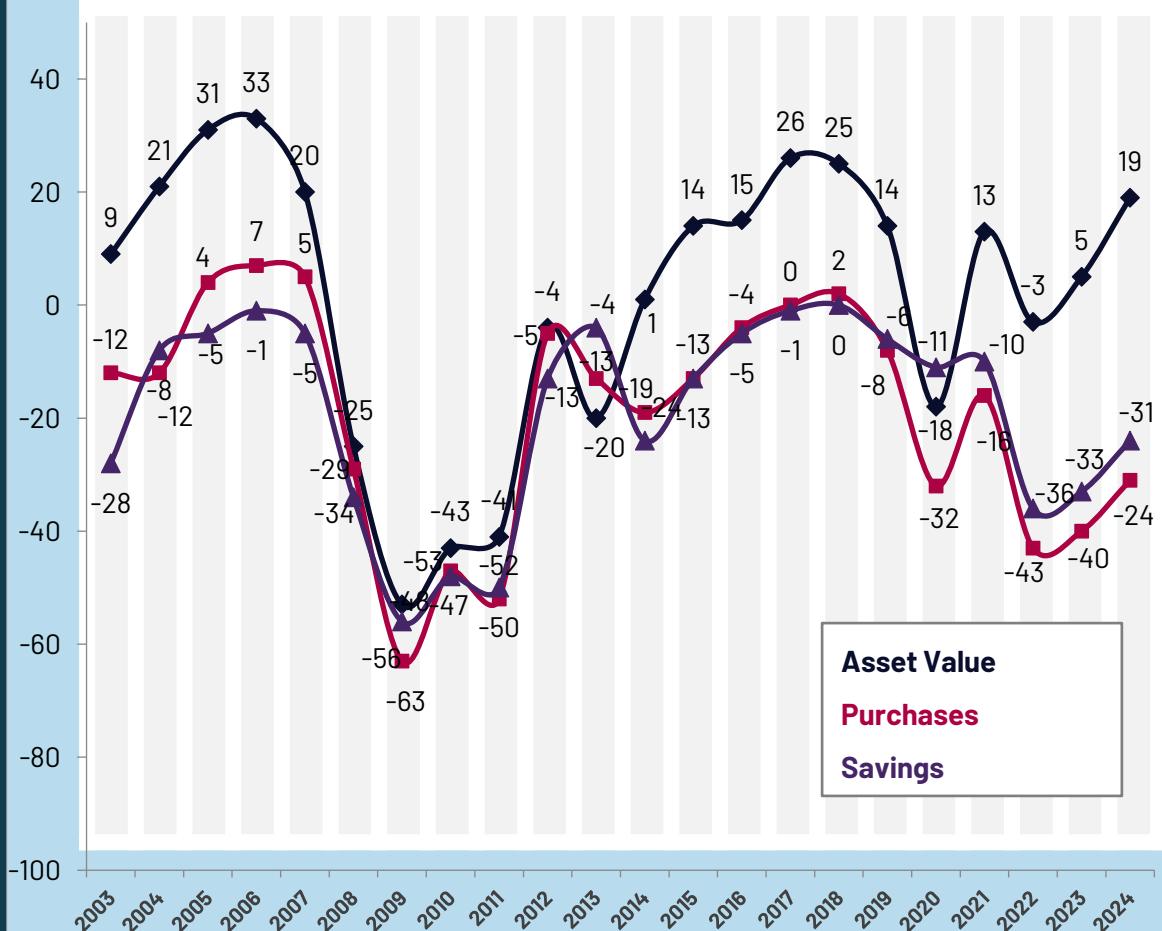
Those more likely to save more over the next 12 months are 16-34-year-olds (41%).



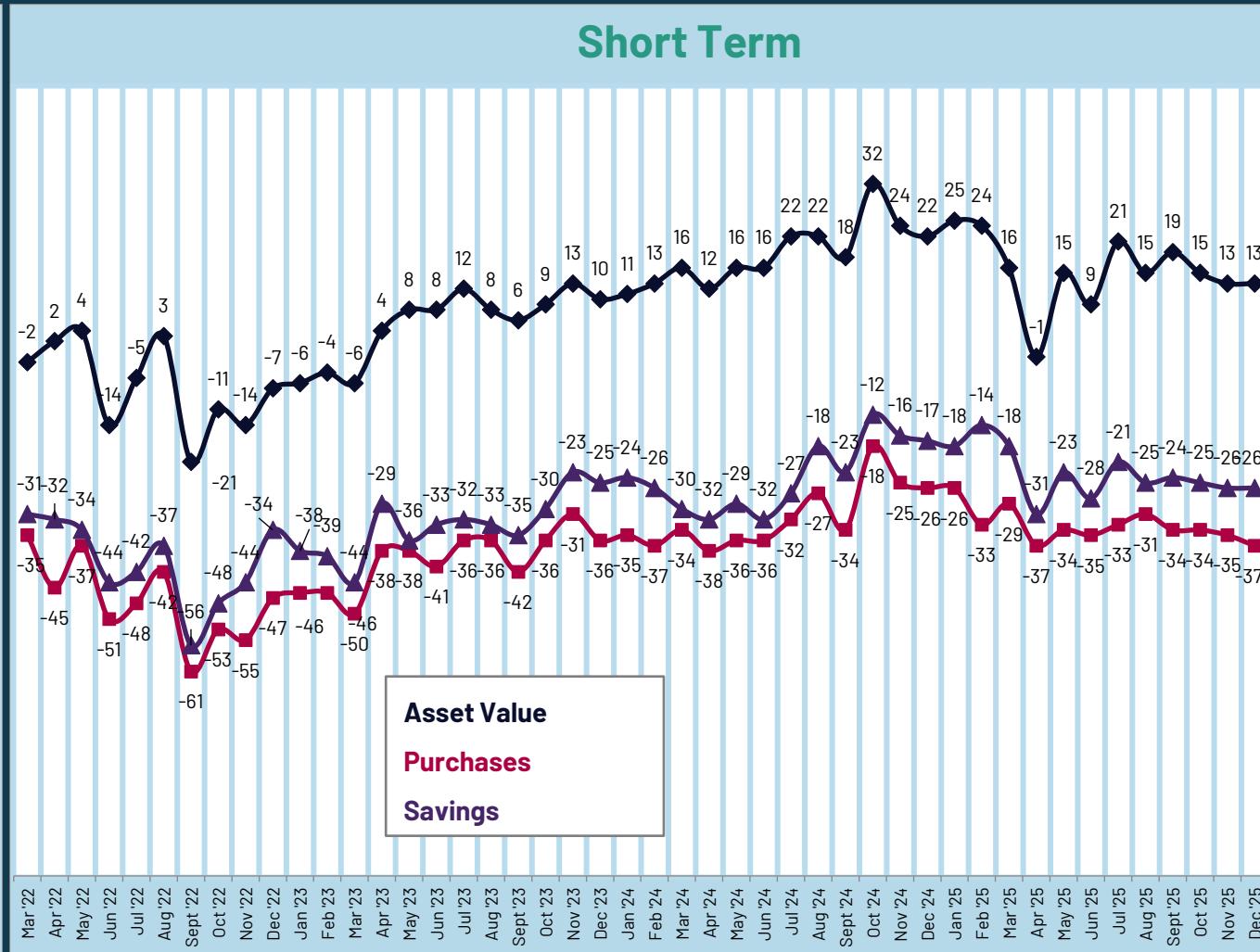
# Balance Of Opinion in Summary - The Year Ahead

An overview of expectations towards asset value, purchases, and savings

## Long Term



## Short Term



Q.6 Do you expect your assets (your house, shares, pension entitlements, savings) in the next year to be higher, lower or the same as in the past year?

Q.7 In the year ahead, do you expect to purchase more, less or the same amount of goods and services as in the past year?

Q.8 Do you expect to save more, less or the same amount in the year ahead compared with the last twelve months?

# THANK YOU



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